WNESU January 2020

farmtoschoolcafe.org

K-8 Lunch

To pay online visit:

MY SCHOOL BUCKS

K-8 Meal Prices

Student Bfast--$1.75
Student Lunch--$2.95
Just Milk--$.65
Adult Bfast--$2.50
Adult Lunch--$4.99

K-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
No School WNESU	No School WNESU	No School WNESU	2 **Mac & Cheese** VT Cheddar **Sweet Peas**	3 **VT Sloppy Joe** Grassfed Beef **Sweet Potato Fries**
6 **Chicken Patty Sandwich** Whole Grain Bun **Oven French Fries**	7 **Crunchy Taco Boat** VT Grass Fed Beef **VT Beans & Corn Salsa & Crema**	8 **Homemade Pizza** Organic Tomato Sauce Whole Wheat Crust **Seasonal Salad**	9 **Chicken or Cheesy Alfredo** Whole Wheat Pasta **Steamed Broccoli**	10 **Breakfast for Lunch!** Homemade Pancakes **VT Scrambled Eggs & Home-fries**
13 **Chicken Strips** Homemade Dipping Sauce **Oven French Fries**	14 **Loaded Nachos** VT Cheese Sauce **Fresh Toppings**	15 **Homemade Pizza** Organic Tomato Sauce Whole Wheat Crust **Seasonal Salad**	16 **Mulligatawny Stew** (Chicken Soup w/ Organic Rice)	17 **VT Shepherd's Pie** Grassfed Beef **Blueberry Crisp**
20 No School WNESU	21 No School WNESU	22 **Homemade Pizza** Organic Tomato Sauce Whole Wheat Crust **Seasonal Salad**	23 **Penne Carbonara** w/ VT Uncured Bacon **Steamed Veggies**	24 **VT Cheese Burger** VT Grassfed Beef **Oven French Fries**
27 **Chicken Patty Sandwich** Whole Grain Bun **Oven French Fries**	28 **Chicken Quesadilla** VT Corn Tortilla **Magenta Root Slaw** **Salsa & Crema**	29 **Homemade Pizza** Organic Tomato Sauce Whole Wheat Crust **Seasonal Salad**	30 **Homemade Lasagna** VT Beef or Spinach **Italian Green Beans**	31 **Breakfast for Lunch!** Homemade Pancakes **VT Scrambled Eggs & Home-fries**

BEETS

A choice of fresh fruit & 1% or skim milk is included with every meal. This institution is an equal opportunity provider.