



WNESU

farmtoschoolcafe.org

November 2021

LUNCH MENU

Monday

1
Chicken Patty Sandwich
Whole Grain Bun
Tater Tots

Tuesday

2
Breakfast for Lunch
VT Maple Syrup
VT Sausage & Eggs
Homefries

Wednesday

3
Homemade Pizza
Organic Tomato Sauce
Whole Wheat Crust
Seasonal Salad

Thursday

4
VT Shepherd's Pie
VT Grassfed Beef
VT Apple Crisp

Friday

5
Mac & Cheese
Whole Grain Pasta
Sweet Peas

8
Chicken Parm Sub
Whole Grain Bread
Green Beans

9
VT Beef Tacos
Homemade Pico
Sweet Corn & Black Beans

10
Homemade Pizza
Organic Tomato Sauce
Whole Wheat Crust
Seasonal Salad

11
Veteran's Day

12
Chicken Alfredo
Whole Grain Pasta
Steamed Broccoli

15
Chicken Strips
Oven French Fries

16
Loaded Nachos
VT Queso Cheese
Sweet Corn & Black Beans

17
Homemade Pizza
Organic Tomato Sauce
Whole Wheat Crust
Seasonal Salad

18
VT Turkey w/ Gravy
Whole Grain Stuffing
Mashed Veggies

19
Steak & Cheddar Sandwich
Sautéed Veggies
Chips & Pickle

22
Fried Chicken
Whole Grain Roll
Smashed Potato

BFUHS Only

23
In-Service

24
Holiday Break



25
Holiday Break

26
Holiday Break

Fruit & milk is included with every meal. This institution is an equal opportunity provider.